

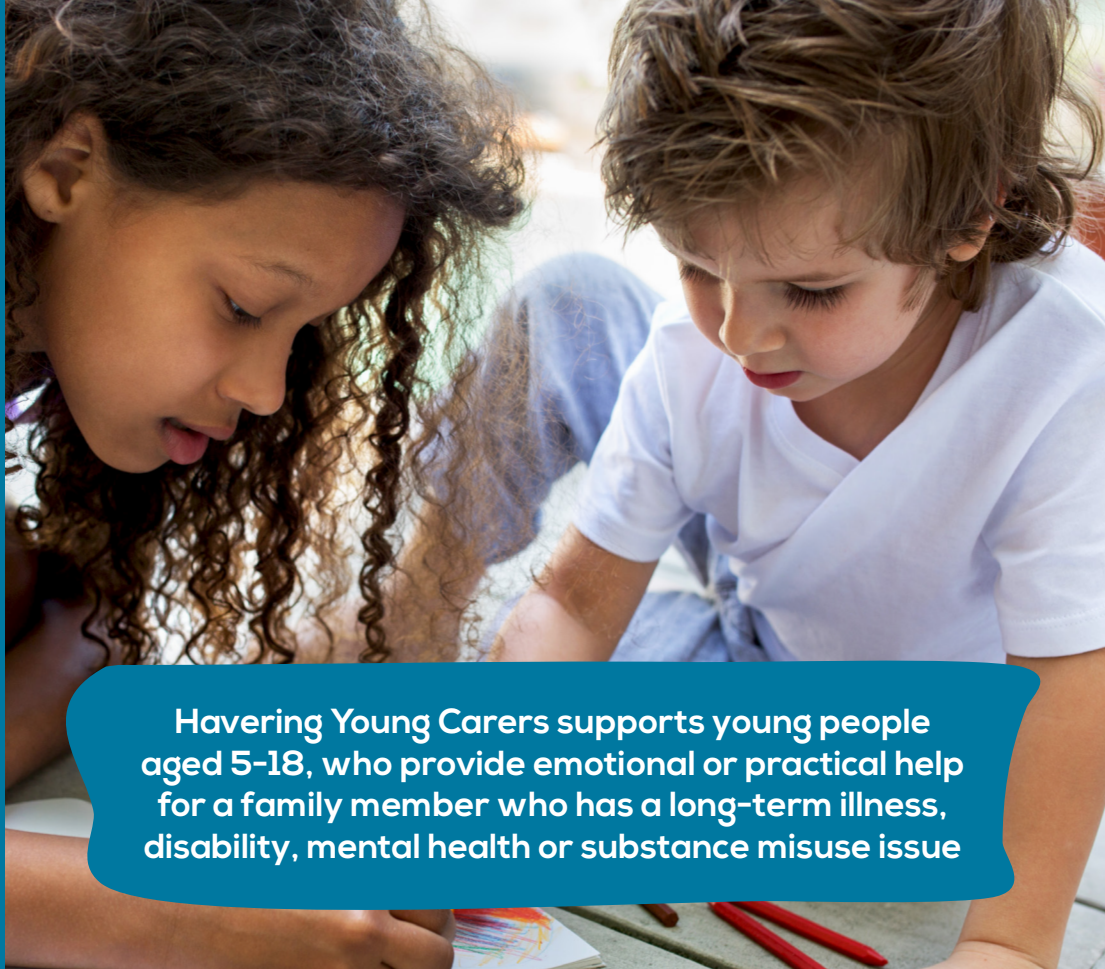


To get involved, you can refer via our website [www.imago.community](http://www.imago.community) or scan the QR Code



For further information, please contact our Hub:

[youngcarers@imago.community](mailto:youngcarers@imago.community)  
**0300 111 1110**



**Havering Young Carers supports young people aged 5-18, who provide emotional or practical help for a family member who has a long-term illness, disability, mental health or substance misuse issue**

Havering Young Carers is a service of Imago Community  
Registered charity number 1108388

