

Memory Cafe

This is a friendly and relaxed free drop in for those with dementia and their carers. Tea, coffee & sweet treats provided with activities (solo and group) to take part in.

Our Memory Cafe will take place the first Tuesday of every month at 1:00-3:00pm.

Hornchurch Library, 1st Floor classroom 2,
44 North Street, Hornchurch, RM11 1TB

There is parking around the back (with some disabled bays) alternatively they can park in Sainsburys you can park for 2hours which is just across the road.

Your paragraph text

Memory Cafe dates for 2025

- Tuesday 4th February
- Tuesday 4th March
- Tuesday 1st April
- Tuesday 6th May
- Tuesday 3rd June
- Tuesday 1st July
- Tuesday 5th August
- Tuesday 2nd September
- Tuesday 7th October
- Tuesday 4th November
- Tuesday 2nd December

